



# *Nurse Resiliency Project*

Spiritual, Emotional, Virtual, Group Care

**NURSING IS TOUGH.**

**WE'RE HERE TO HELP.**

- ◆ Groups are scheduled after typical hospital shifts:  
8:30 am/pm                      9:45 am/pm
- ◆ Nurse-to-nurse open peer groups from a variety of facilities
- ◆ Open nationwide, providing diversity and safety for discussions
- ◆ Facilitated by inter-faith Chaplains
- ◆ Mitigate Moral Distress and Compassion Fatigue
- ◆ Virtual platform allows you to join-in from anywhere...car, park, living room, etc.

**Free  
Service**

independent  
non-profit



**NurseResiliencyProject.org**